

Overcome Chronic Health Conditions And Experience Greater Wellbeing Faster and More Easily With Personalized Phone Consults with Dr. Carolyn Dean...



People book **phone consults** with me for two reasons:

- 1)** You want to experience the best health of your life (whether you're twenty or eighty). You need a personal health "coach" to help you develop and follow a wellness routine uniquely suited to your needs, constitution and situation.
- 2)** Or you are suffering from a specific chronic health problem that is getting in the way of your progress. You need a customized plan to get you beyond your current health challenge so you can focus on improving your overall sense of wellbeing (versus just trying to overcome disease).

For both groups I offer a limited number of one-on-one phone consultations. With my questionnaires and by asking key questions I can determine your health priorities and develop a treatment plan without any need to see you in person. (If, however, I feel your case requires face-to-face contact with a practitioner I will let you know.)

40 Years of Experience

While my forty years of medical and natural health training has given me experience in just about every ailment -- my specialties include...

- ADHD
- allergies
- anxiety
- autism
- chronic fatigue syndrome
- digestive problems
- fibromyalgia
- hormone imbalance
- irritable bowel syndrome
- liver toxicity

- magnesium deficiency
- mineral deficiency
- mood swings
- yeast overgrowth (Candida)

Attaining better health and greater zest for living, in most cases, are attainable goals.

To book a one-on-one phone consult and receive more personalized and in-depth help, contact Dr. Carolyn Dean by email: help@drcarolyndean.com or by phone: **(808) 633-4036**.